



THE BRIDGE RESOURCE LIST

Health Care

Dr. Felicia Otchet
Psychologist (**fee**)
370 South Street, London, ON
519-630-1863
www.drotchet.com/
Email: fotchet@drotchet.com

Cathy Risdon, M.D.
Family Medicine
McMaster Family Practice
690 Main St. West, Hamilton, ON
905-521-5016

Albina Veltman, M.D.
Psychiatry (**free**)
St. Joseph's Healthcare Hamilton
Centre of Mountain Health Services
100 West 5th St., Box 585, Hamilton, ON
905-522-1155 x36657
***Assessments for 'Gender Identity Disorder,' Psychiatric support. ***

Dave Vervoort, M.Sc.
Psychotherapy (**fee sliding scale**)
P.O. Box 25064
370 Stone Road, Guelph, ON
519-821-5163
www.RainbowTherapist.com

Michael Lee-Poy, M.D.
Family Medicine
Centre for family medicine
10-B Victoria Street South, Kitchener, ON
519-821-5163
Hormone therapy, trans care

Carys Massarella, M.D.
Family Medicine
Quest Community Health Centre
145 Queenston St. St. Catharines, ON
905-688-2558
www.questchc.ca
Hormone therapy, Trans care

**Grand River Community Health Centre
Counselling/Medical services (free)**
363 Colborne Brantford, ON N3S 3N2
519-754-0777
grandriverchc.ca/

The Brantford Community Healthcare System: Sexual Assault/Domestic Violence Care Team
519-751-5544 ext. 4449 ***Provides care to those who have been assaulted***

Health Care

Dr. Natasha Johnson (Children & Youth)
Preliminary assessment for Transgender Child/Youth patients: please refer to Adolescent Medicine, McMaster Children's Hospital (Fax 905-521-2654) (Need referral from doctor).
Assessment for Gender Identity Disorder

Counselling

Sexual Assault Centre of Brant (free)
24 hr crisis and support line:
519-751-3471
Business line: 519-751-1164
Email: sexualassaultcentre@sacbrant.ca

St. Leonard's Community Services
24 Hour Mental Health Crisis Line:
519-759-7188
Walk-in Crisis Counselling 1-225 Fairview Drive: P: 519-754-0253

**Grand River Community Health Centre
Counselling/Medical services (free)**
363 Colborne Brantford, ON N3S 3N2
519-754-0777
grandriverchc.ca/

Contact Brant (Child and Youth Counselling Referral Service) (**FREE**) *Note: Contact Brant does an over the phone assessment and connects families with the appropriate counselling services*
643 Park Rd N, Brantford, ON N3T 5L8
519-758-8228
contactbrant.net

GSA (Gay Straight Alliance)

North Park GSA
Email: elle.mantopoulos@granderie.ca

BCI GSA
Email: jen.link@granderie.ca

Pauline Johnson Positive Space
Email: edward.wilson@granderie.ca

Check your local High School for more information

Youth Groups

LGBTQ2SA Youth Drop in (Parents Welcome)
Ages 12-24 – Second Friday of every month 5-8pm
109 George St. Brantford
Email: yowb.lead@wesley.ca (to confirm times and location)

Queer Sphere
<https://www.facebook.com/LaurierBrantfordrainbowAlliance>
Twitter: @WLUBrantfordRA

Drop In Youth Café (Brantford Public Library)
Meets every Wednesday from 6:30pm - 8:30pm
173 Colborne St.
519-756-2220
Email: info@brantford.library.on.ca

Brant Trans Youth Social & Support
Finn Cole & Janet McMillan
Caitlyn Francis: 519-754-0777 ext. 254
Meets 2nd Wednesday and 4th Monday of every month
363 Colborne St.
Email: transyouthbrant@gmail.com

Peer Support Groups

LGBTQ Coffee and Social
Caitlyn Francis: 519-754-0777 ext. 254
Meets the 1st and 3rd Tuesday of each month.
A night for community members and allies to socialize, watch movies, play cards etc.
6-8pm. 19+
363 Colborne St.

Gender Journey Brant
Finn Cole & Kenzie McNaughton
Caitlyn Francis: 519-754-0777 ext. 254
Meets the 2nd and 4th Tuesday of each month
6-8pm - 363 Colborne St.
Facebook:
<https://www.facebook.com/genderjourneybrant>
Email: genderjourneybrant@gmail.com

PFLAG Brantford Chapter
Meets on the third Monday of each month
Email: brantford@pflagcanada.ca
Phone: 1-888-530-6777 ext. 540



THE BRIDGE RESOURCE LIST

Peer Support Groups

London Trans Support Group (S.W.A.T)

www.tgstation.com/london

Michelle Boyce

416-968-4406

Email: info@tgstation.com

Torchlight Gender Support

Michelle

www.torchlight.ca

Online Peer-Support Chat

www.volunteerlogin.org/chat

Faith Groups

Sydenham Street/Heritage United Churches

120 Sydenham St.

Brantford, ON

519-753-1248

www.sydenhamstreetunitedchurch.com

Counterpoint Church

Jonathan Massimi, Priest

pastor@counterpointchurch.ca

519-752-6814 ext. 24

www.counterpointchurch.ca

Community Groups

Brantford Pride

www.brantfordpride.ca

<https://www.facebook.com/BtfdPride>

<https://twitter.com/BrantfordPride>

Email: brantfordpride@gmail.com

Brant Youth Pride Committee

Ken Giesen

www.facebook.com/brantyouthpride

Twitter: BrantYouthPride

Email: brantyouthpride@gmail.com

The Bridge

Chairs: Christine Wildman & Ashley

Fournier

www.facebook.com/TheBridgeBrantford

Twitter: @TheBridgeBrant1

Email: thebridgebrant@gmail.com

HIV/AIDS Resources

The Aids Network

Serving Hamilton, Haldimand, Norfolk and Brant

Jamie Dereniowski

226-388-3559

Email: hnbreregional@aidsnetwork.ca

Legal Services

Community Legal Clinic – Brant, Haldimand, Norfolk

1100 Clarence Street South, Suite 203

Brantford, Ontario

Phone: (519) 752-8669

Toll Free: 1-888-341-5021

www.bhnlegalclinic.ca

Online resources

The Bridge

www.thebridgebrant.com

Brantford Pride

www.brantfordpride.ca

Native Youth Sexual Health Network

www.nativeyouthsexualhealth.com

Rainbow Health Ontario

www.rainbowhealthontario.ca

EGALE: Equality For Gays and Lesbians

Everywhere: <http://egale.ca/>

Trans PULSE Project

www.transpulseproject.ca

Senior Pride Network

www.seniorpridenetwork.com

Trans Student Educational Resources

www.transstudent.org

Planned Parenthood

<https://www.plannedparenthood.org/learn/sexual-orientation-gender>

Brantford Proud Events

<https://www.facebook.com/search/top/?q=brantford%20proud%20events>

24 Hour Crisis Support

Sexual Assault Centre of Brant

24 hr crisis and support line:

519-751-3471

LGBT Youthline

P: 1-800-268-9688

Text: 1-647-694-4275

Chat: www.youthline.ca

Trans Lifeline:

1-877-330-6366

Kids Help Phone

1-800-668-6868

<http://org.kidshelpphone.ca/en/>

GLBT National Help Centre

GLBT National Hotline

1-888-843-4564

GLBT National Youth Talkline

1-800-246-PRIDE(7743)

Links to other communities

Sherbourne Health Centre

333 Sherbourne St

Toronto, ON

www.sherbourne.on.ca/

519 Church Street Community Centre

Toronto, ON

416-392-0519

www.the519.org/

Positive Space Network of Halton

Confidential telephone line:

905-634-2347 ext 408 *

(Cell) 905-407-4986

Email: marcusl@rockonline.ca

