Personal Assessment of Anti-LGBTQ Bias

Anti-LGBTQ bias may be expressed by heterosexual people, or may be internalized and expressed by lesbian, gay, bisexual, and transgender (LGBTQ) people as well. There are many kinds of anti-LGBTQ biases that happen everyday. We often overlook more subtle actions and exclusions because they may seem insignificant. They are not. Subtle bias is still bias.

1. Do you believe that LGBTQ people can influence others to become homosexual? Do you think someone could influence you to change your sexual and affectional preference?

2. If you are a parent, how would you (or do you) feel about having a LGBTQ child?

3. How do you think you would feel if you discovered that one of your parents or parent figures, or a brother or sister, were LGBTQ?

4. Are there any jobs, positions, or professions that you think LGBTQ people should be barred from holding or entering? If yes, why?

5. Would you go to a physician whom you knew or believed to be gay, lesbian, bisexual, or transgender if that person were of a different gender from you?

6. If that person were of the same gender as you? If not, why?

7. If someone you care about were to say to you, "I think I’m gay," would you suggest that the person see a therapist? What if they said, “I think I’m transgender”?

8. Have you ever been to a LGBTQ social event, march, or worship service? If not, why?

9. Can you think of three positive aspects being LGBTQ?

10. Have you ever laughed at a "queer" joke?

11. Would you consider wearing a button that says, “How dare you presume I’m heterosexual?”

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